



# Sydney Murugan Temple

## சீடன் முருகன் கோவில்



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**STAGE – 3**  
**YEAR – 5**  
**TERM 2**

### Prayers

1. Aum Vigneswaraaya Namaha (3 Times)



2. Aum Shivaya Namaha (3 Times)



3. Aum Shakthi Aum Parashakthi (3 Times)



4. Aum Saravanabavaaya Namaha (3 Times)



5. Aum Sri Narayanaya Namaha (3 Times)



## Gayathri Manthra



Om Bhur Bhuva Swaha  
Tat Savitur Varenyam  
Bhargo Devasya Dheemahi  
Dhi Yo Yonah Prachodhayat

### *Meaning*

Oh lord; you are the protector of life  
You destroy all our problems and bring happiness  
You create knowledge and Light.  
You remove our sins.  
Please guide us into the right direction.

## SIVA LINGA STHOTHIRAM



Brahma Muraari Surachitha Lingam  
Nirmala Bashitha Sobitha Lingam  
Janmaja Dhukka Nivaarana Lingam  
Tharpanamaami Sathasiva Lingam

## LESSON 1

### *Lord Rama Avathar*



### About Lord Shri Ram

Lord Rama defines true dharma. He is the life, breath and soul of Vedic dharma. Vedic followers consider him a powerful hero. He is embodiment of all noble virtue and merits.



Lord Shri Ram is the central figure of Ramayana. He is the supreme, 7<sup>th</sup> incarnation of Lord Vishnu. Lord Rama is an example of an ideal son, husband and an ideal king. Lord Rama took birth to protect the earth from the sins, evil forces and brutality of the demon king of Sri Lanka, Ravana. Rama is the symbol of courtesy and praiseworthy assets, a man of values and morals. He is called Maryada Purushottama, meaning perfect person.

### **Birth and Childhood:**

Lord Ram was born as the first son of king of Dasharatha. Kausilya was his mother. Lord Rama had three brothers, Bharata, Lakshmana and Shatrughna.

### **Lord shri Ram Education :**

Lord Ram along and his brothers went to Guru Vasistha's for their education and learnt archery. All the four brothers turned out to be masters of the Vedas and epics and become great heroes, and all were intent upon providing best services to the needy people. All were endowed with wisdom and all were adorned with virtues. Lord Rama, however, was the most powerful one out of the brothers, who held true unfailing powers .

### **Wedding with Sita :**

Mithila King Janak had organized a svayamvaraa to select husband for princess Seetha. Prince Rama was also there. It was announced that whosoever will bend the bow of Lord Shiva ,will marry princess Seetha. But none of the males there were able to lift Lord Shiva's bow, except Ram. Prince Rama lifted the bow with his one hand and bended it so hard that it even broke. So Ram got married to Sita.

### **14 Year wild life :**



Lord Rama was supposed to be the next King of ayodha, but his step mother, Kaikeyi, wanted her son Bharata to become the King. She once saved the life of the king, and thus she forces Dasharatha to send Lord Rama in the forest for 14 years. Respecting his father wish, Lord Rama went to exile. His wife Seetha and his younger brother Lashmana also prayed to bring them with him.

## **War against Demon King Ravana :**



Ravana imprisoned Goddess Sita and wished her to marry him but she refused . Lord Rama attacked his kingdom lanka with the help of Hanuman. After they defeated the demon king, Seetha was released from the control of Ravana. After this victory and completing exile, Rama returned to home Ayodhya.

## **Warm Welcome at Ayodhaya :**

The citizens of Ayodha were excited to welcome back their exiled king, Lord Rama, after 14 years. They welcomed Lord Rama, Seetha and Lakshmanan with many rows of lamps. As this celebration took place, this night is known as Diwali, a memory of Lord Rama's return.

### **(1) Which avathar was Lord Rama?**

The 7<sup>th</sup> avathar of Lord Vishnu

### **(2) What was Lord Rama's story called?**

Ramayanam